
The Benefits of APMA Membership

The APMA:

Maintains the integrity of Pilates instruction in Australia through:

- the provision of a professional education program for instructors and studio owners based on industry best practice.
- education for members about the professional issues affecting the Pilates industry.
- the opportunity for members to contribute to policy and the public profile of Pilates in Australia.
- the development of a VETAB nationally accredited Advanced Diploma in Pilates.

Provides a forum for networking and communication between like-minded professionals through:

- face to face time at workshops and conferences.
- a quarterly newsletter.
- access to the member email database and interaction on the social networking site Facebook.
- access to a full time association administrator allowing member enquiries to be answered efficiently .

Assists Pilates practitioners to promote their work through:

- a stringently managed online APMA members' directory, enabling potential clients to locate and contact qualified Pilates professionals
- Quality Assurance - clients know that APMA accredited instructors in studios are highly trained and practice in a safe environment.

Actively lobbies health funds for recognition of Pilates as a viable movement therapy

- providing clients with the opportunity to claim health insurance rebates.

Maintains occupational, health & safety standards

- promoting best practice for both practitioners and clients.

Australian Pilates Method Association

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