

This needs to be completed for each student at 40 hours, 75 hours, 125 hours, 200 hours, and when the student finishes hours at a studio

Student Name

Supervising PP Practitioner Name

Total hours

Date Completed

Mark by circling the appropriate letter in pen and write a short comment at the end of the assessment or attach it if longer

AE – Above expectations C – Competent NC – Not yet competent N/A – Not applicable

Shows appropriate clothing/dress code and hygiene standards for the studio	AE	C	NC	N/A
Is punctual for sessions, consistent in attendance and gives adequate notice if cannot attend	AE	C	NC	N/A
Arrives prepared for the session	AE	C	NC	N/A
Responds quickly and appropriately to directions from the teacher	AE	C	NC	N/A
Demonstrates an ability to adapt to the various demands of the studio environment	AE	C	NC	N/A
Demonstrates knowledge of proper equipment safety techniques	AE	C	NC	N/A
Introduces themselves to clients appropriately and maintains a professional manner with clients	AE	C	NC	N/A
Has a careful, non-invasive 'hands on' technique	AE	C	NC	N/A
Is developing individual programming and teaching skills and gives applicable corrections to clients	AE	C	NC	N/A
Knows and can teach the relevant repertoire to the required level	AE	C	NC	N/A
Is developing an understanding of the underlying functional anatomy associated with the repertoire	AE	C	NC	N/A
Shows ethical behaviour regarding client and studio confidentiality	AE	C	NC	N/A
Checks with the teacher on any client questions	AE	C	NC	N/A
Always refers client questions about other teachers or treatment modalities to the studio supervising teacher	AE	C	NC	N/A
Understands that the client remains under the guidance of the supervising studio and does not enter into any private arrangements with the client	AE	C	NC	N/A
Has a good telephone manner and notes any messages accurately	AE	C	NC	N/A
Has been familiarised with client booking procedures and studio operation	YES		NO	
Has been familiarised with client handovers and the recording of relevant client information	YES		NO	

AT 40 HOURS

Is able to teach one client safely giving appropriate cues and corrections	AE	C	NC	N/A
Be developing programming skills	AE	C	NC	N/A

AT 75 HOURS

Is able to teach one or two clients safely giving appropriate cues and corrections	AE	C	NC	N/A
Is able to put together short programs from the repertoire the student has learned	AE	C	NC	N/A
Is able to prepare and teach a basic mat work program to one or two clients	AE	C	NC	N/A

AT 125 HOURS

Is able to teach two clients safely giving appropriate cues and corrections	AE	C	NC	N/A
Is able to put together basic programs from the repertoire the student has learned	AE	C	NC	N/A
Is able to prepare and teach a mat work program to two or three clients	AE	C	NC	N/A

AT 125 TO 200 HOURS

Is able to teach two or three clients safely giving appropriate cues and corrections	AE	C	NC	N/A
Is able to prepare and teach a mat work program to three to six healthy clients	AE	C	NC	N/A
Is able/working towards being able (cross out what doesn't apply) to prepare and teach a whole session for a client and record the relevant information after the session	AE	C	NC	N/A
Has observed initial assessments	0	1	2	3+

Signed

Date

(PPMP or supervising practitioner)