

# APMA Maternity Leave Policy



## Going on maternity leave or not teaching Pilates and want to find out how this affects your membership?

You have a couple of options available to you:

### 1. Suspend your Membership

You can suspend your membership for a period of up to 3 years but when you want to come back you will need to supply evidence of the CEC's applicable for period of suspension (ie. Period of suspension 12mths – 12 CEC's required at time of rejoining) and pay a \$50 administration fee in addition to the membership fee applicable at the time.

### 2. Downgrade your Membership

Downgrade to associate membership which is a level that doesn't require you to log CEC's for the time that you are at that level, when you wish to upgrade again, just contact the Administration Office and then pay the difference between the associate fee and the level you wish to go back up to, the CEC's that you will be required to log in the set CEC period will then be calculated on a pro-rata basis.

You can downgrade for a period of 2 years without having to re-apply and supply evidence of teaching etc.

### 3. Maintain your Membership

Maintain your current level and you will just need to have the required CEC's logged by the end of the CEC period as per normal.