

APPLICATION

10867NAT DIPLOMA OF PILATES MOVEMENT THERAPY

APMA Education & Training
Registered Training Organisation (RTO) for the APMA



AUSTRALIAN
PILATES METHOD
ASSOCIATION
EDUCATION & TRAINING

Dear Applicant,

Thank you for your interest in our 10867NAT Diploma of Pilates Movement Therapy.

THE CLEAR CHOICE

The APMA developed this Nationally Recognised Diploma using its well-regarded **Level Two Pilates Instructor Course** (1999 to today) as a template. The result is a product of many years of debate, study and practice from several highly respected voices in the profession, making it the most comprehensive and balanced course in the marketplace.

UNITS OF COMPETENCY

10567NAT DIPLOMA OF PILATES MOVEMENT THERAPY

CHCPRP005	Engage with health professionals and the health system
CHCCOM006	Establish and manage client relationships
CHCPRP003	Reflect on and improve own professional practice
HLTWHS001	Participate in workplace health and safety
HLTPOP014	Assess readiness for and effect behaviour change
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
TAEDEL401	Plan, organise and deliver group-based learning
NAT10867001	Teach Pilates Movement Therapy Floorwork sessions
NAT10867002	Apply exercise science principles to Pilates Movement Therapy
NAT10867003	Teach Pilates Movement Therapy for clients with musculoskeletal needs
NAT10867004	Teach Pilates Movement Therapy using equipment
NAT10867005	Deliver postural alignment Pilates Movement Therapy

DELIVERY METHODS

For more details, including dates and the Course syllabus, please liaise directly with the APMA.

A full list of our excellent Trainers and Assessors and their locations can be found on our website.

Alternatively, you can request for the APMAET to select a Course location for you.
(See Application Form below)

Australian
Qualifications
Framework



NATIONALLY RECOGNISED
TRAINING

DIPLOMA APPLICATION FEE (please tick)

\$300 Due upon application

PERSONAL DETAILS

Application Date Home Phone

Name Mobile

Mailing Address

City

State Postcode


Email

PRE-REQUISITES ATTACHMENT CHECKLIST

Indicate you have completed requirements and attach copies of all documents to this application

- 30 hours prior personal practice with Instructors/Practitioners that includes Pilates equipment based work
- Tertiary level or equivalent of anatomy and physiology (knowledge of skeleton, muscle actions, origin/insertion)
- Curriculum Vitae (CV)
- Working with children card
- Current Level II Apply First Aid Certificate with CPR
- Other relevant Industry experience/qualifications or references

PAYMENT OPTIONS

EFT  (Pay Electronically)
Account Name: APMA
BSB: 633-000
Account Number: 156 490 898
Note name and 'DIPLOMA' on reference and attach payment receipt.

STUDY LOAN  **Contact the APMA for more info.**

Study Loans has been purpose built for students and education providers. They provide the funds for approved courses direct to APMA on behalf of you, for loan amounts between \$2,001 and \$15,000 and loan terms from 6 to 48 months.

CREDIT CARD  Please note that a 1.5% surcharge is applicable to all credit card transactions

Name on card:

Tick Card Type: Mastercard Visa

Card Number:

Expiry Date: / Security Code:

Cardholders Signature: _____

FOR OFFICE USE ONLY

Date Application Received:

Date Approved: Approved