

Health Fund List Professional Benefits

Effective June 2017



AUSTRALIAN
PILATES METHOD
ASSOCIATION

HEALTH FUND LIST PROFESSIONAL BENEFITS

As an Australian organisation, the APMA is chartered to be active in improving the local professional and legal climate for our membership. This includes continued lobbying with the various Australian Health Funds for rebate for our services. Please find below the current Health Fund List. If you have more information about these or Funds not listed, contact the APMA Administrator.

HEALTH FUND	PILATES REBATES
Australian Health Management	Living Well Program: Health practitioner approval required before commencement of program. GP/Allied Health Practitioner must sign a 'Living Well' Program Approval Form. APMA member does not need to register.
Australian Unity Health Ltd.	Rebatable on covers that commenced prior to 26 April 2016 only. Health Management Service: Health practitioner referral required before commencement of program. The referral must state the client is attending Pilates to improve or prevent a condition.
CBHS	Health Management Program: Essential, Intermediate and Top extras. Will rebate 90% per session to a maximum of \$200 annual limit for prestige cover. All other extras rebate 90% of the cost of the session up to \$100 per annum. Member to fill out claim form and attach receipts. Health Management Program authorisation form to be filled out. Health practitioner referral required before commencement of program. Needs to list each session date and cost.
Grand United Corp Health	Health Management Service: Under Group Therapies. Session dates need to be itemised and costs itemised. A letter or completed Health Management Service form by GP/Allied health Practitioner required. Must state the client is attending Pilates to improve or prevent a condition. Covers up to 80% of cost per session up to \$400 family limit and \$200 single per year. Need to be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.
GMF (now under HBF but still a separate product)	Member can only claim 1x program of a minimum of 8 sessions within a 3 month period, up to a limit of \$100 annually. Complete Extras is needed for claiming. No referral required. Must be APMA member Level 2 and above.

HEALTH FUND	PILATES REBATES
Health Care Insurance Ltd	<p>Premier Extras \$15/session up to \$700 annually. Active Life Extras \$10/session up to \$400 annually. Claiming app - take a photo of invoice or manual claim form. Itemised receipt needs to state dates of attendance after completion of sessions. No referral required.</p> <p>Individual APMA member needs to register with HCI Ltd.enquiries@hcilt.com.au</p> <p>Need to be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.</p>
HBF	<p>Pilates with HBF Program. A program must consist of a minimum of 8x sessions and be used within 3 months. Registered Pilates teachers with HBF can claim under program.</p> <p>APMA members need to contact HBF directly to register https://www.hbf.com.au/about-hbf/for-providers/registration-information.</p> <p>Extras \$200 - \$400 depending on level of cover. Some levels have sub limits per program and members can keep claiming until they reach their limits. Need to have finished their sessions to claim, need itemised dates for all sessions to rebate. Normal claim form to be filled out by member.</p> <p>Extras Levels - Wellness, Premium Extras Plus, Flexi Extras, Flexi Extras cover, Flexi Extras Mid, Flexi Extras Mid Cover, Flexi Extras Plus, Flexi Extras Plus Cover, Ultimate. As Pilates is in other packages it can be a combined limit.</p> <p>No referral required.</p> <p>Must be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.</p>
HCF	<p>Health Management Program: Health practitioner approval letter required before commencement of program. The letter must state the client is attending Pilates to improve or prevent a condition. Maximum rebate of \$50 up to maximum of \$200 annually. Direct to members services to check their level of cover. Itemised receipt needed.</p>
Health Insurance Fund Australia	<p>Receipt to be itemised as "Pilates Gym" in process of being changed to allow for pilates studio's/centres. Claimable under Healthy Lifestyle Program. From \$50 - \$125 annually. Pilates Teacher to fill out a Healthy Lifestyle Program Form, no medical referral required.</p> <p>Need to be APMA member.</p>
Health Partners	<p>Gold Extras, Prime Living, Family Essentials, Couples Choice or Single Starter cover Pilates. No referral required. Just itemised receipt with dates and session costs. Rebate from \$100 to \$300 per annum. Gold extras rebate \$10 per session, all other packages rebate \$20 per session.</p> <p>Individual APMA member needs to contact to register as a provider.</p> <p>Must be APMA member.</p>
Health.com.au	<p>Health Maintenance Form to be filled out by GP or Allied Health Practitioner. No need to itemise receipt. Rebate is \$100 to \$150 annually.</p>
Medibank Private	<p>Health Management Plan: Only some covers have Package Bonus, if they do they can use it towards the HMP - GP/Allied Health Provider has to sign off on the need for it to occur.</p>
Mildura Health Fund	<p>Top E1 5 star cover: \$150pp capped at \$300 for family membership. Doctors approval and completion of "Benefit Approval Form" required.</p>

HEALTH FUND	PILATES REBATES
National Health Benefits (Onemedifund)	Declaration of condition form needs to be filled out by member. Member needs speak with GP and discuss Pilates is being used for a specific condition, but no form or referral required. Health Management Program limits are 75% - 100% of session cost from \$100 - \$300 on Top Extras.
NIB	Health Management Program: Maximum rebate on Top Extras is \$150 - \$200 annually. Health Management Form to be completed by GP/Allied Health Provider. Must be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.
Phoenix Health	Healthy Lifestyle Program: Healthy Lifestyle Treatment Plan form to be filled out by GP or Allied Health Practitioner prior to services being provided. \$100 - \$150 maximum claimable.
PeopleCare Health Insurance	Pilates is to be verbally recommended by GP/Allied Health Practitioner to state it is recommended to treat a condition. Rebate falls under a Health Management Plan. Up to \$250pp per annum.
Teachers Health Fund	Under Healthy Lifestyle - Healthy Lifestyle form to be filled out by GP or Allied Health Practitioner. Top Extras 75% of session cost up to annual limit of \$200pp , Essential extras 75% of session cost up to annual limit up to \$150pp, Startup 75% of session cost up to annual limit up to \$150pp or \$300 per family. Fully itemised invoice. Members to call as policies vary. Must be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.
Transport Health	Top Extras: Wellbeing Pool. Rebateable - 70% of cost to a maximum of \$20 per session. \$300pp limit / \$600 per family per annum. Need itemised receipt of dates attended. Provider registered by APMA at an association Level. This is a Pilates rebate, so you don't need a GP or Allied Health referral. Need APMA registration number on itemised receipt. Must be APMA member, and APMA will send a monthly list to ensure currency of member registration with APMA.
TUH	Health Management Program form to be filled out by GP/Allied Health Practitioner. Falls under Health and Wellness Cover. Rebateable: 80% of session cost to a maximum of \$140 annually.
Westfund	Top Extras: Health Management Program form to be filled out by GP/Allied Health Practitioner. Up to an annual limit of \$150. APMA member needs to register with Westfund to receive a provider number. Must be an APMA member.