

## **Working with Children as a Registered Pilates Teacher**

The scope of Pilates practice does cover working with minors but appropriate documentation is required and parental/guardian supervision is the same as other similar exercise/teaching practices.

The “Working with Children Act 2005”, and the “Working with Children Regulations 2006”, applies to both paid and volunteer workers, and the term “child” being a person under 18 years of age.

A “Working with Children” check is recommended by the APMA for all Pilates Teachers as required by Government legislation. Working with infants is neither taught, nor implied in the scope of the APMA Level 2 or above memberships unless the individual holds relevant pre-existing training.

The “Working with Children” Check once registered is valid for 5 years in child-related work and information regarding application for this check can be gained from the following State government websites:

[www.justice.tas.gov.au](http://www.justice.tas.gov.au)

[www.workingwithchildren.nt.gov.au](http://www.workingwithchildren.nt.gov.au)

[www.workingwithchildren.vic.gov.au](http://www.workingwithchildren.vic.gov.au)

[www.kidsguardian.nsw.gov.au](http://www.kidsguardian.nsw.gov.au)

[www.checkwwc.wa.gov.au](http://www.checkwwc.wa.gov.au)

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